

Kiwanis Garden Manor Weekly Menu						
Monday March 30	Tuesday March 31	Wednesday April 1	Thursday April 2	Friday April 3	Saturday April 4	Sunday April 5
Morning Coffee & Snack @ 9:30 am: Yogurt, Muffins and Fruit						
LUNCH @ Noon						
Cream of Tomato * Vegetable Rice ----- Turkey & Cranberry Sandwich * B.L.T Sandwich	Cream of Celery * Beef Vegetable ----- Grilled Cheese Sandwich * Spinach Quiche	Cream of Asparagus * Chicken & Rice ----- Tuna Sandwich * Chicken Wrap	Cream of Carrot * Turkey Noodle ----- Chicken Salad Sandwich * Ham Sandwich	Cream of Broccoli * Beef Barley ----- Egg Salad Sandwich * Fruit Salad, Yogurt & Cheese Scone	New England Clam Chowder * French Onion ----- Roast Beef Sandwich * Turkey Club Croissant	B R U N C H 12:00 Fresh Fruit Porridge Bacon Sausage Scrambled Eggs Hash Brown Patty Toast
Afternoon Tea & Snack @ 2:30 pm: Cookies and Fresh Fruit						
DINNER @ 5:00 pm						
Green Salad Orange & Melon	Green Salad Potato Salad	Green Salad Carrot & Raisin	Green Salad Watermelon	Green Salad Pasta Salad	Green Salad Spinach & Strawberry	Green Salad Caesar Salad
Honey Lemon Chicken Breast * Beef Stroganoff	Pork Cutlet * Macaroni & Cheese with Ham	Shrimp Chow Mein * Veal Parmesan	Spaghetti & Meatballs * Mediterranean Chicken	Baked Cod * Beef Chili	Vegetarian Lasagne * Pork Ribs	Sunday Roast Dinner Roast Beef with Yorkshire Pudding
Baked Potato	Roast Potato	Chow Mein Noodles	Nugget Potatoes	Baked Potato	Rice Pilaf	Mashed Potato
Corn	Cabbage	Bok Choi	Turnips	Butternut Squash	Sautéed Bell Peppers	Broccoli
Zucchini	Beets	Carrots	Green Beans	Asparagus	Cauliflower	Carrots
Carrot Cake or Jello	No Bake Cheese Cake or Jello	Lemon Meringue Pie or Jello	Chocolate Lasagne or Jello	Ice cream Sundae or Jello	Date Square Or Jello	Homemade Pie Or Jello
ALTERNATE CHOICES: A limited menu is also available consisting of: eggs & toast, cheese omelette, fruit with yogurt or sandwich with available filling.			BEVERAGE CHOICES: Tea, coffee (regular & decaf), hot chocolate, milk, orange juice, cranberry juice or apple juice.		DIETARY RESTRICTIONS: Please discuss with kitchen staff if you have any dietary restrictions or requests.	